

Week 1 guide

LETTER	NUMBER	SHAPE	COLOR	SKILL
A a	0	circle	red	Sorting
DAY 1	Notice Aa 1 Name something you use at the table. 2 Point to A and a; say the letter name, then color the big letters with crayons. 3 Read the words under the pictures; point to the focus letter at the start of each word. EASIER Color one big letter, or trace it in the air together.			☐ DONE P.3
DAY 2	Count a set of 0 1 Point inside the empty frame; say that zero means no pictures here. 2 Write 0 in the box. Draw an empty circle on paper with a pencil; say how many pictures are inside. 3 Invite your child to trace 0, then write it on the line. EASIER Compare an empty circle with one pencil dot; point to the empty one.			☐ DONE P.6
DAY 3	Explore a circle and red 1 Say circle; point to its outline and trace around it with a finger. 2 Trace one circle with a pencil; color it with crayons. 3 Read the word red aloud; use the red crayon on one shape. 4 Show A and a on the trace page; invite a pencil trace of either one. EASIER Follow one outline with a finger while you name the shape.			☐ DONE P.7 P.4
DAY 4	Try sorting 1 Name each picture; read the two group names aloud. 2 Supervise child-safe scissors or cut the cards yourself; sort them, then use a glue stick to attach them. 3 Say apple; model its first sound, not the letter name. 4 Read all six picture words aloud; circle the four matching beginning sounds with a pencil. EASIER Do only the first skill step, then point to one sound picture as you name it.			☐ DONE P.8 P.5
DAY 5	Play and choose what to repeat 1 Trace a path with a finger first, then try it with a pencil. 2 Set out cups and spoons for a pretend meal; take turns giving one spoon to each cup. 3 Ask which activity to repeat; mark only what you practiced on the checklist. EASIER Skip the paper activities; choose one spoken or pretend-play idea to do together.			☐ DONE P.9

Your own mark of what you practiced. Not a test and not a school-readiness result. Tick a day's box when you did that day or a swap you chose. A missed day waits: do it next time.

Print and gather

1 Print these pages pages 1 and 2 are for you; pages 3 to 9 are for your child _____

PAGE	TITLE	USED ON
☐ 3	Color Aa	Day 1
☐ 4	Trace the letters	Day 3
☐ 5	Listen for Aa	Day 4
☐ 6	Count 0	Day 2
☐ 7	Trace a circle	Day 3
☐ 8	Cut and sort	Day 4
☐ 9	Follow the straight paths	Day 5

2 Gather these supplies _____

- ☐ **Child-safe scissors** · Day 4
- ☐ **Cups** · Day 5
- ☐ **Paper** · Day 2
- ☐ **Spoons** · Day 5

- ☐ **Crayons, including red** · Day 1, 3
- ☐ **Glue stick** · Day 4
- ☐ **Pencil** · Day 2, 3, 4, 5

3 Play this week _____

- Set out cups and spoons for a pretend meal; take turns giving one spoon to each cup.
- Take turns choosing a picture from this week's pages; act it out or describe it for the other person.

4 Read-aloud topics _____

- Sharing meals
 - Families at home
- Any library or home book on these topics works. No title is required.

5 Answer notes for you keep this page; do not show your child _____

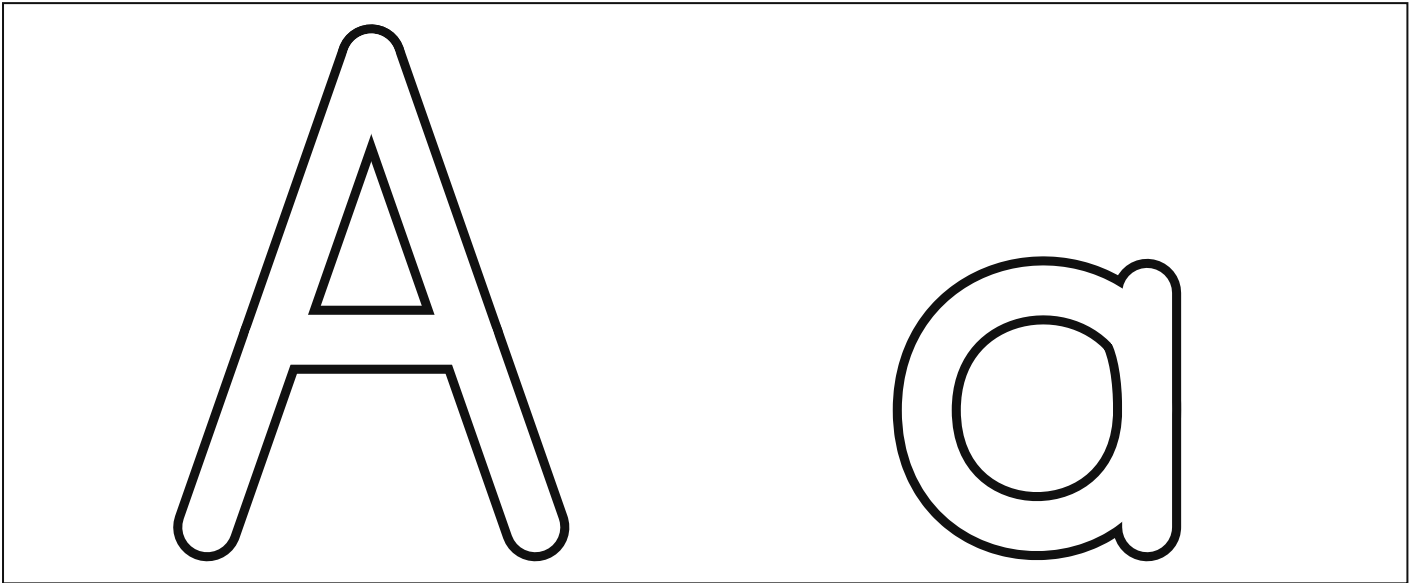
- p.5** Listen for Aa: circle apple, ant, alligator, anchor. Not these: sun, dog.
- p.6** Count 0: the frame is empty; the answer is 0.
- p.8** Cut and sort: Animals: cat, dog, hen. Things used at home: cup, mug, bed.

Mark what you practiced on the Progress Checklists. Your own mark of what you practiced. Not a test and not a school-readiness result.

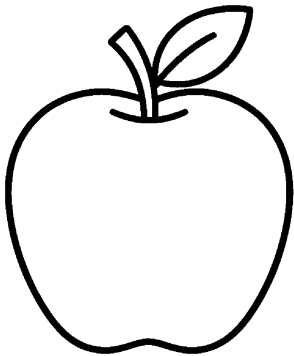
Safety. An adult must supervise scissors and small items. Small objects and cut paper pieces can be choking hazards. Keep them away from mouths and younger children. Use child-safe scissors; an adult may do all cutting. Choose large toys, not small counters.

Color Aa

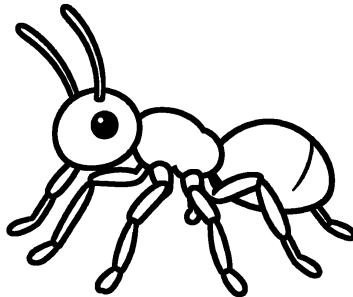
Color the big letters. Ask an adult to read the picture words; point to the matching letters.



1 Words with this letter



apple



ant



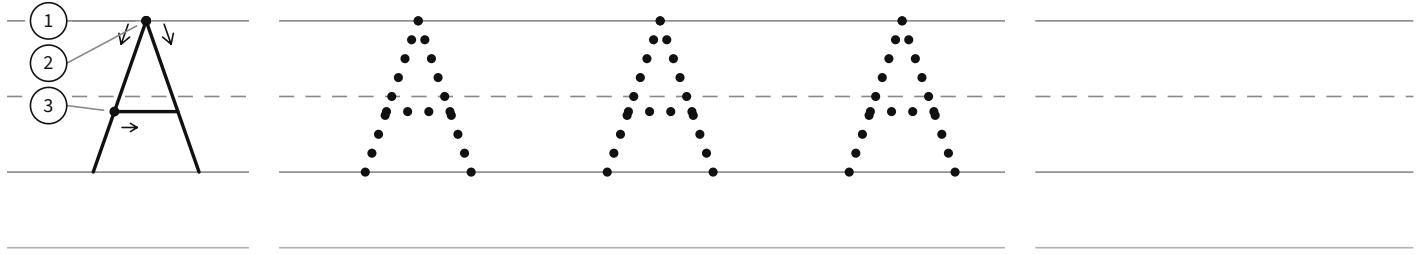
alligator

Trace the letters

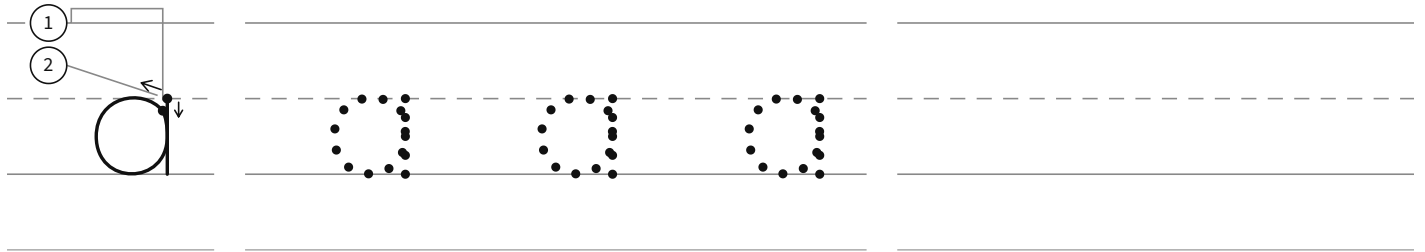
Trace any letters you choose. Stop or use a finger whenever you like.

1 Trace A and a

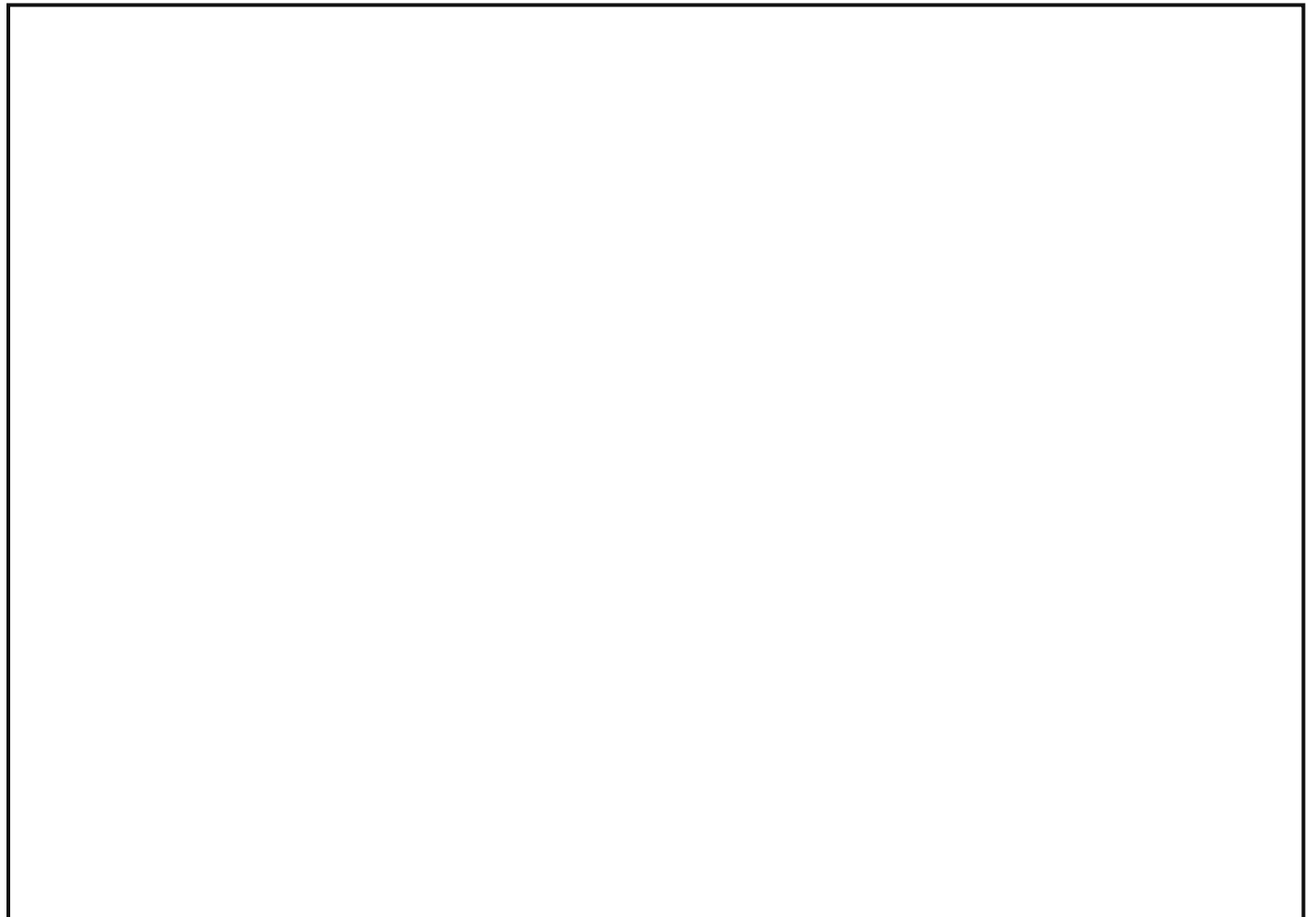
BIG A: TRACE, THEN WRITE YOUR OWN



LITTLE A: TRACE, THEN WRITE YOUR OWN



DRAW ANYTHING YOU LIKE



Listen for Aa

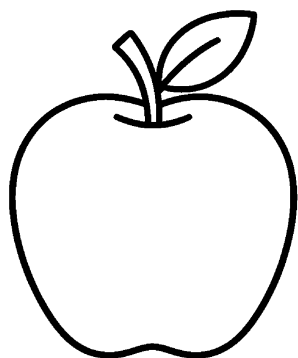
Listen as an adult names each picture. Circle the pictures with the focus beginning sound.

A

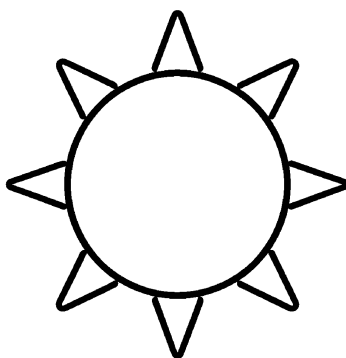
a

The first sound is /a/ as in **apple**.

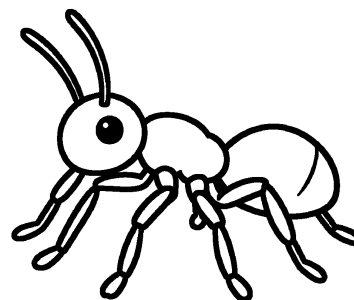
1 Circle the pictures that start with the same sound _____



apple



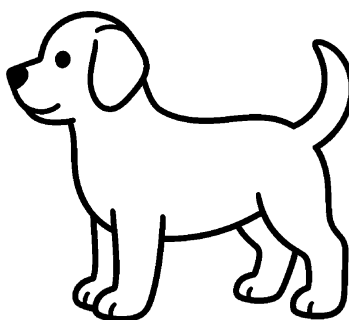
sun



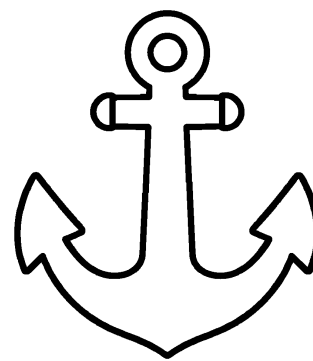
ant



alligator



dog

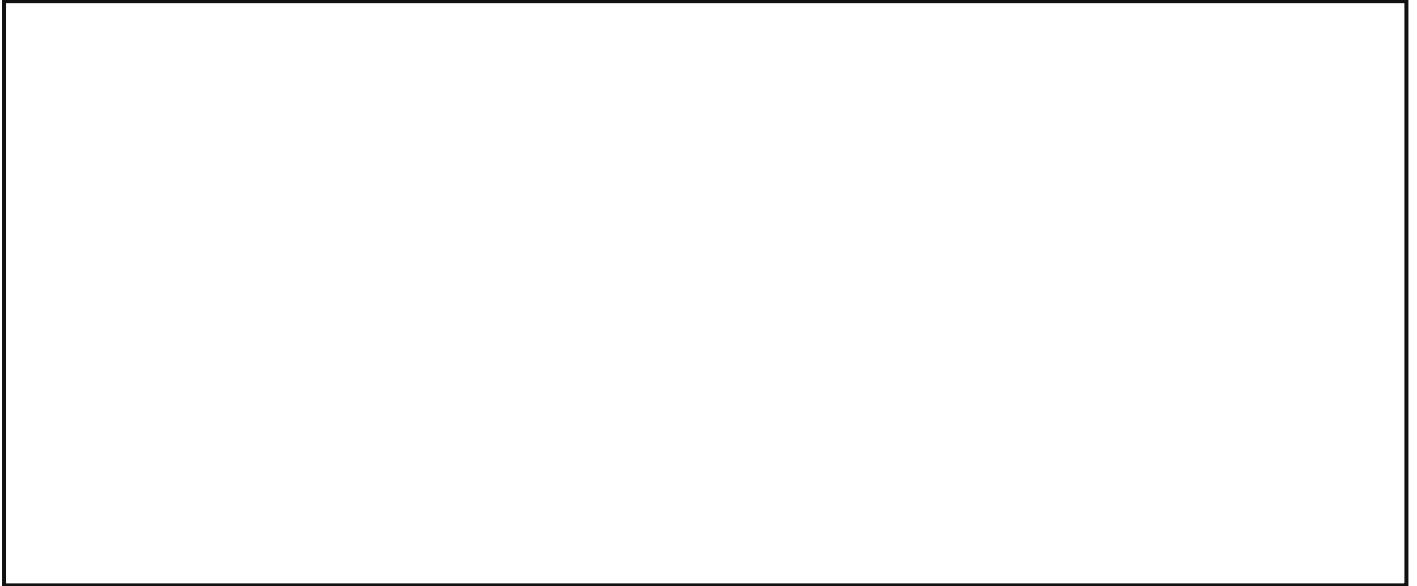


anchor

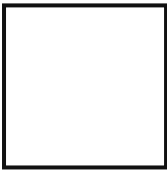
Count 0

Point to the empty frame. It has no pictures. Trace 0.

1 Look at the frame _____

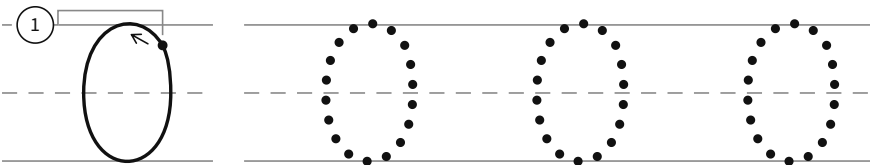


HOW MANY



How many pictures are in the frame? Write the number.

2 Trace the number 0 _____



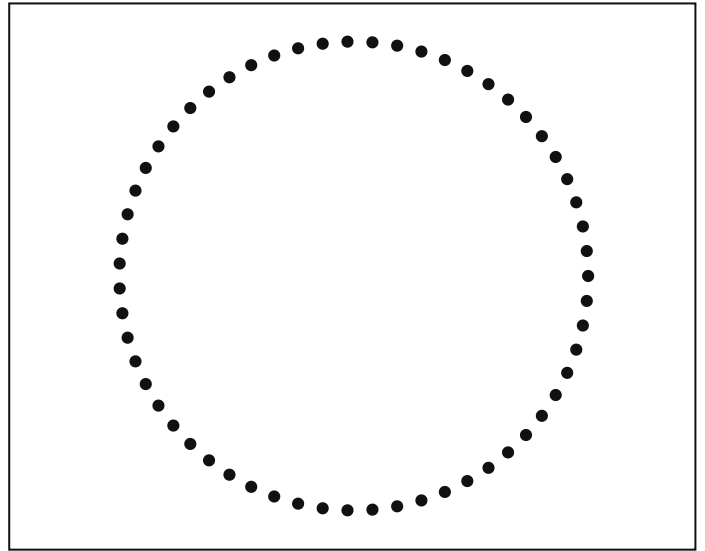
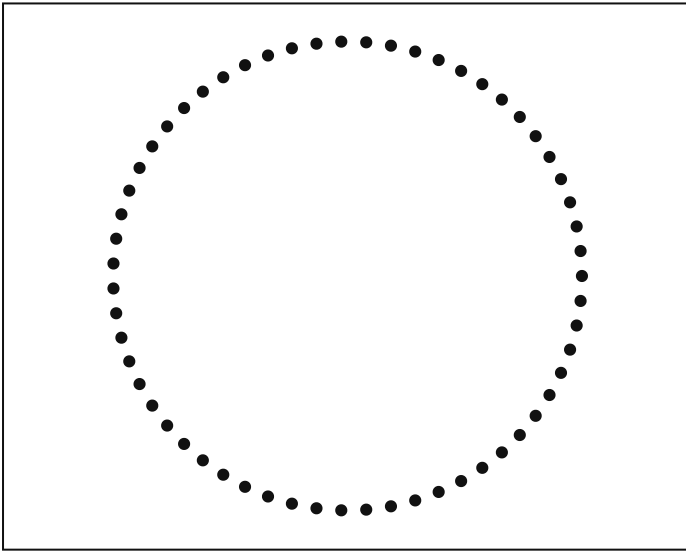
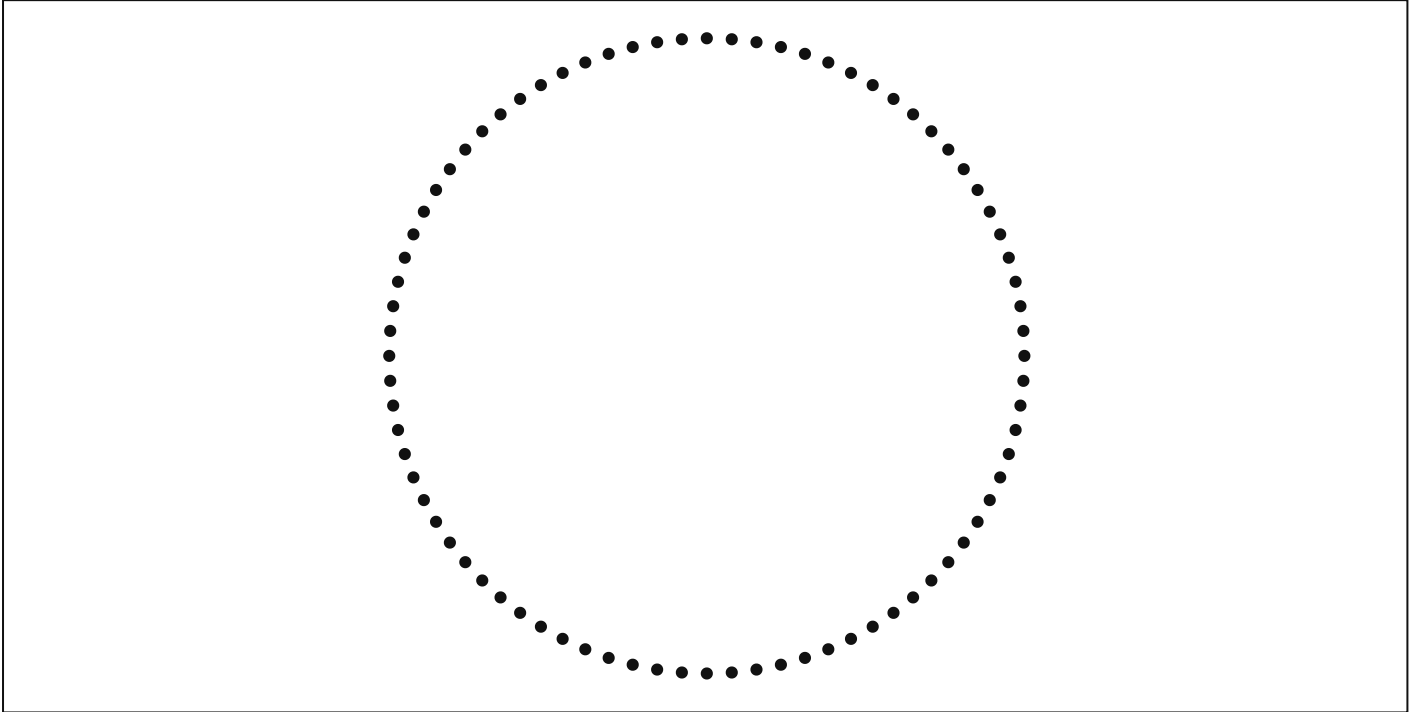
3 Write the number 0 _____

WRITE 0 ON THE LINE

Trace a circle

Trace the circle outlines. Color any one of them.

1 This is a circle trace the dots, then color _____



Cut and sort

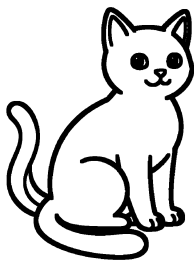
Cut on the card lines with an adult. Sort the pictures, then glue each in its group.

1 Glue the cards in their groups

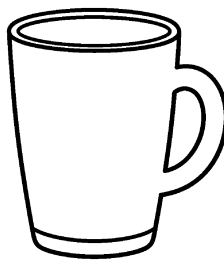
Animals

Things used at home

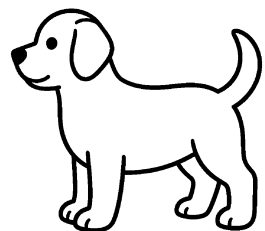
2 Cut out the cards an adult cuts on the dashed lines



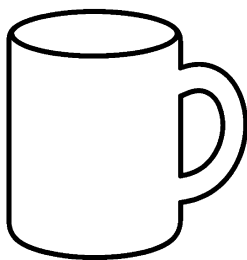
cat



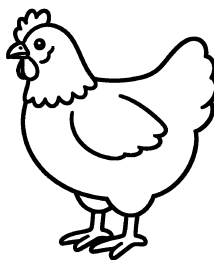
cup



dog



mug



hen



bed

Follow the straight paths

Start at each dot. Trace the path to its star with a finger or pencil.

